Royal Australasian College of Dental Surgeons
*Let knowledge conquer disease*

# CAPE DOMAINS ACTIVITIES AND EXAMPLES

View the approved range of activities below and how these are linked into the CPD categories.

+ Cultural Safety

| Title | Description | Reference | Duration | Category | | |
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| | | | | Educational Activity | Measuring Outcomes | Reviewing Performance |
| RACDS OMS Cultural Induction Safety Program Module 1 and 3 | RACDS Cultural Safety Program for OMS Surgeons and Trainees | ELEARNING Resource College Dashboard | 2 - 5 hours | ✓ | | ✓ |
| YOUR MOB LEARNING Indigenous Cultural Awareness Course Bundle | Suite of online Indigenous cultural awareness courses and resources | ELEARNING Resource College Dashboard | 1 - 6 hours | ✓ | | ✓ |
| RACP Australian Aboriginal, Torres Strait Islander and Māori Cultural Competence and Cultural Safety | Online cultural awareness course | https://elearning.racp.edu.au/enrol/index.php?id=79 | 2 hours | ✓ | | ✓ |
| Te tāhū Hauora Health Quality and Safety Commission | Learning and education modules on understanding bias in health care<br><br>Create an account to access and complete modules | https://www.hqsc.govt.nz/resources/resource-library/learning-and-education-modules-on-understanding-bias-in-health-care/ | 1 - 2 hours | ✓ | | ✓ |
| Haumarutanga ahurea - Cultural Safety for Oral Health Practitioners in Aotearoa New Zealand | Presenter Mr Samuel Carrington Associate Dean Māori & Senior Lecturer, University of Otago | ELEARNING Resource College Dashboard | 1 hour | ✓ | | |
| Slice of LIME seminars | Online seminars hosted by The Leaders in Indigenous Medical Education | https://limenetwork.net.au/resources-hub/slice-of-lime-seminars/ | 30mins – 2 hours | ✓ | | |

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| SBS/ NITV's BLA.C.K Medicine Podcast | Podcast on indigenous health, hosted by Dr Mikayla Couch | https://www.sbs.com.au/language/nitv-radio/en/podcast/black-medicine | 30 - 45mins | ✓ | | |
| Reflect on the cultural diversity in your local area | Self-Directed | | | | | ✓ |
| Include whether the patient identified as aboriginal, Torres Strait Islander, Māori or Pasifika on M&M meeting templates for discussion | Mortality and Morbidity meeting | CPD Resources & Template | | | | ✓ |
| Review of critical incident of a patient who identifies as Aboriginal, Torres Strait Islander, Māori or Pasifika | Self-Directed or group | CPD Resources & Template | | | | ✓ |
| RACDS Indigenous Strategy | Self-Directed | RACDS Website | | ✓ | | |
| Māori Health Strategy and Action Plan | Self-Directed | RACDS Website | | ✓ | | |
| Case review and interpretation of findings where a patient identifies as Aboriginal, Torres Strait Islander, Māori or Pasifika | Case Review | CPD Resources & Template | | | | ✓ |
| Tikanga: incorporating Māori concepts in NZ common law | ABC Podcast - how NZ Courts are adopting First Nations concepts in common law | https://www.abc.net.au/listen/programs/lawreport/law-report/103693730 | 30 mins | ✓ | | |
| Indigenous Health & Cultural Competency (IH&CC) | E-Learning Comprehensive course package - 11 Modules (Create an account to access course) | https://acem.org.au/Content-Sources/Advancing-Emergency-Medicine/Cultural-competency/Indigenous-Health-and-Cultural-Competency-Resource/Indigenous-Health-and-Cultural-Competency.aspx | Each module: 45 mins | ✓ | | |
| E-Learning: Interviewing an Aboriginal or Torres Strait Islander Patient | RANZCP external online course | https://www2.ranzcp.org/RANZCP/media/elearning/Indigenous/Interviewing/story_html5.html?lms=1 | 30 mins | ✓ | | |

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| AHPRA | National Scheme Aboriginal and Torres Strait Islander Health and Cultural Safety Strategy | https://www.ahpra.gov.au/About-Ahpra/Aboriginal-and-Torres-Strait-Islander-Health-Strategy/health-and-cultural-safety-strategy.aspx | | ✓ | | |
| DCNZ Cultural Competence Standard & Cultural Safety | Statement, Standards and Resources | http://www.dcnz.org.nz/assets/Uploads/Practice-standards/Statement-on-cultural-competence.pdf | | ✓ | | |
| Council of Medical Colleges (CMC)'s Cultural Safety Toolkit | A set of interactive digital tools designed to support practitioners in fostering inclusive, respectful, and culturally safe environments. | https://cmc.org.nz/cultural-safety-toolkit/ | 30 mins – 2 hours | ✓ | | ✓ |
| AIDA's Cultural Safety Program | Developed and delivered by Aboriginal and Torres Strait Islander Doctors | https://aida.org.au/cultural-safety-program/ | 8.5 hours | ✓ | | |

+ Addressing Health Inequities

| Title | Description | Reference | Duration | Category | | |
|---|---|---|---|---|---|---|
| | | | | Educational Activity | Measuring Outcomes | Reviewing Performance |
| Social Determinants of Health | Journal Article, World Health Organisation | https://www.who.int/teams/social-determinants-of-health | | ✓ | | |
| Review of critical incident of a patient who is from a culturally and linguistically diverse (CALD) community. | Self-Directed or group | | | | ✓ | |
| Case review and interpretation of findings where a patient is from a culturally and linguistically diverse (CALD) community. | Case Review | | | | ✓ | |
| Peer Review of performance - addressing CALD patients | Peer Review | CPD Resources & Template | | | | ✓ |
| Include whether the patient is from a CALD community on M&M meeting templates for discussion | Mortality and Morbidity meeting | CPD Resources & Template | | | | ✓ |
| International Journal for Equity in Health | Article: Why cultural safety rather than cultural competency is required to achieve health equity: literature review and recommended definition | https://equityhealthj.biomedcentral.com/articles/10.1186/s12939-019-1082-3 | | ✓ | | |
| Health inequities and health disparities. Centres for Disease Control and Prevention (CDC) | Video presentation - discussing health equity and the interconnected factors that contribute to health inequities and health disparities. | https://www.cdc.gov/healthequity/whatis/videos/Video2-HealthEquityOverview_LowResolution.mp4 | 15 minutes | ✓ | | |
| Addressing Indigenous Health Inequities | Presentation, University of Queensland | https://www.youtube.com/watch?v=oAViFdblUFo | 1 hour | ✓ | | |

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| Ao Mai te Rā: The Anti-Racism Kaupapa, NZ Ministry of Health | Listen the Ao Mai te Rā video and podcast series, listen to leaders from around Aotearoa talk about racism in health and how we can address it in this engaging and insightful podcast series. (presented by Mō mātou, Ministry of Health NZ) | https://www.youtube.com/playlist?list=PLWCaeydAlRF7BR_64pOWXT_jdw0GEH8Kz | 12 episodes 6 hours | ✓ | | |
| Rural and Remote Health | Article | https://www.aihw.gov.au/reports/rural-remote-australians/rural-and-remote-health | | ✓ | | |
| Reducing Inequities in Health NZ Ministry of Health | Article | https://www.health.govt.nz/system/files/documents/publications/reducineqal.pdf | | ✓ | | |
| Social Determinants of Health in Australia | AIHW Article | https://www.aihw.gov.au/reports/australias-health/social-determinants-of-health | | ✓ | | |
| Monash Indigenous Health MedTalk | Presentation by Professor Gregory Phillips who talks about unconscious bias and health equality | https://monashhealth.libguides.com/cognitive_-_bias/podcasts | 1 hour | ✓ | | |
| Identifying domestic violence and sexual assault presentations at a regional Australian hospital emergency department: Comparative analysis of domestic violence and sexual assault cases | Journal Article<br><br>Griffith University | https://research-repository.griffith.edu.au/server/api/core/bitstreams/fda02605-ee15-4fdd-b316-e25e9e399816/content | | ✓ | | |
| CHF Talks event for 2025-26 | Presentation discussing how community backed preventive health initiatives and programs can achieve a healthier and more productive Australia. | https://www.youtube.com/watch?v=fS_UqXiWsRM | 1 hour 30 minutes | ✓ | | |

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| The Role of Surgeons in Advancing Health Equity | An Outreach & Equity Shared Perspectives Video<br>Featuring: A/Professor Anthony Lynham, Dr Jonathan Leitch, Raymond Brunker and Renee Blackman | ELEARNING Resource College Dashboard | 1 hour | ✓ | | ✓ |
| National health reporter highlights how Australians with oral cancer are forced to drain super or remortgage homes to pay for dental prosthetics because of funding gap | Article | https://www.abc.net.au/news/2025-10-28/why-dental-prosthetics-arent-covered-after-cancer/105924804 | | ✓ | | |
| CHF Talks: Breaking Down Barriers - Tackling Stigma & Discrimination in Healthcare | Webinar | https://www.youtube.com/watch?v=u89arwpnXf8 | 1 hour 30 minutes | ✓ | | |
| A report from the Consumers Health Forum of Australia highlights that unaffordable dental costs are causing many Australians to delay or avoid necessary dental care. | Report | https://www.datocms-assets.com/144433/1776233957-ahp-a3-dental-or-oral-health-report-final.pdf | 45 minutes (approx.) | ✓ | | |
| CHF Talks 4: How do the social and commercial determinants of health influence care?<br>Webinar hosted by a panel of consumers, advocates and professionals. | Webinar | https://www.youtube.com/watch?v=4WwzgPIWe7c&t=2s | 1 hour 30 minutes | ✓ | | |

## + Professionalism & Ethical Practice

| Title | Description | Reference | Duration | Category | | |
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| | | | | Educational Activity | Measuring Outcomes | Reviewing Performance |
| Annual Scientific Meeting | Conference | ANZAOMS | | ✓ | | |
| Ethics in the OMS | Journal Article | https://ama.com.au/sites/default/files/2021-02/AMA_Code_of_Ethics_2004._Editorially_Revised_2006._Revised_2016_0.pdf | | ✓ | | |
| New Zealand standards of clinical and cultural competence and ethical conduct for doctors. | Standards | https://www.mcnz.org.nz/our-standards/current-standards/ | | ✓ | | |
| Good medical practice (the code) describes what is expected of all doctors registered to practise medicine in Australia | Code of Conduct for Doctors in Australia | https://www.medicalboard.gov.au/Codes-Guidelines-Policies/Code-of-conduct.aspx | | ✓ | | |
| Undertake an annual structured conversation/ performance appraisal with your department/ practice, manager or a trusted colleague, as part of review of your professional activities, development needs, learning goals and plans for the following year. Raise professionalism and ethical practice. | Peer Conversation | CPD Resources & Template | | | | ✓ |
| Undertake a critical reflection on an aspect of professionalism or ethics in your work and develop a plan for practice change. Potential topics for reflection are listed under key areas. | Self-Reflection | CPD Resources & Template | | | | ✓ |
| Ask a colleague and co-workers to provide you with multi-source feedback (clinical support) with a trusted colleague collating the feedback and discussing it with you. | Peer review and feedback | CPD Resources & Template | | | | ✓ |

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| Participate in a peer support group of self-selected peers with expertise and interest in professionalism. Potential areas of focus for the group include those listed under key areas. Consider specific examples in your work, their management and outcomes. | Peer review and feedback | CPD Resources & Template | | | | ✓ |
| Undertake a self-assessment of work practices in relation to safe working hours and fatigue | Self-Evaluation - Well being | | | | | ✓ |
| Formally engage with a mentor to further your professional goals and practice. | Mentoring | | | | | ✓ |
| Medico-Legal Liability | Presentation, Russell Kennedy Lawyers, Presenter Michael Gorton | ELEARNING Resource College Dashboard | 1 hour | ✓ | | |
| OMS Supervisor Induction Course | For OMS Trainers, online course of four modules which covers roles and responsibilities of supervisors | ELEARNING Resource College Dashboard | 2 – 4 hours | ✓ | | |
| AI in Healthcare – Legal and Ethical Perspectives | Webinar Presentation delivered by Russell Kennedy Lawyers, Presenters Jonathan Teh & Gina Tressida | ELEARNING Resource College Dashboard | 1 hour | ✓ | | |
| Managing Patient Complaints - Best Practice | Webinar Presentation delivered by MIPS. Presenters Dr Gerard Clausen, Dr Owen Bradfield and Dr Anna McBean | ELEARNING Resource College Dashboard | 1 hour | ✓ | | |
| Handling Workplace Issues and Peer Support | Webinar Presentation delivered by MIPS. Presenters Dr Gerard Clausen, Dr Owen Bradfield and Dr Anna McBean | ELEARNING Resource College Dashboard | 1 hour | ✓ | | |

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| How AHPRA and the Medical Boards Work | Webinar presented by Mr David Clements (State Manager of AHPRA Tasmania), Dr Brooke Sheldon (Chair, Tasmanian Board of the Medical Board of Australia) and Dr Ankit Garg (Oral and Maxillofacial Surgeon and RACDS board member). | ELEARNING Resource College Dashboard | 1 hour | ✓ | | |
| Sustainability in Surgery: Problems, Solutions, and Recommendations | Article – Available on Cureus Journal of Medical Science | https://www.cureus.com/articles/412738-sustainability-in-surgery-problems-solutions-and-recommendations#!/ | | ✓ | | |
| Implementation of Green Surgery Approach in Healthcare System and its Effect on Carbon Footprint Reduction in Operating Theatres | Article – Available to download on National Library of Medicine | https://pubmed.ncbi.nlm.nih.gov/40417196/ | | ✓ | | |
| Environmentally sustainable surgical systems | Article – Available on BMJ Journals | https://gh.bmj.com/content/9/Suppl_4/e015066 | | ✓ | | |